



SEAWAY TOASTMASTERS CLUB of CORNWALL

The quality of your life is the quality of your communication

Every 2nd and 4th Tuesday 7h00 pm - Cornwall Armoury - 505 4th St E., Cornwall, ON K6H 2J7

info@seawaytoastmasters.com

Visit us on the web: www.seawaytoastmasters.com

WELCOME TO TOASTMASTERS

The best way to learn more about Toastmasters is to attend one of our meetings as a guest. As a guest, you can simply observe; won't be pressured to participate.

Encouraging You to Learn

The Toastmasters program encourages you to learn by doing in a supportive environment. You will receive constructive feedback from members who will encourage you to become the best you can be. In turn, you will learn and grow as both a communicator and leader.

When You Join

When you join, your participation will include writing and delivering brief speeches to a relatively small group of fellow members. Each speech has specific objectives; however, the content is up to you. Working at your own pace and out of the Communication and Leadership Manual, you will immediately begin to learn how to be a confident and effective speaker. You will go on to understand how to organize your speech, use appropriate gestures, select effective words, employ vocal vitality, inspire and persuade your audience, think on your feet, and much more--all to ensure that you effectively communicate your ideas and feelings to others.

Developing Your Leadership Skills

You will also have opportunities to develop your leadership skills. The Great Communicators Toastmasters Club offers a variety of leadership positions on its executive committee, ranging from president to treasurer to sergeant-at-arms, and many others. If you elect to fill any of these positions, you will receive special training to help you to become the best leader you can be.

Networking & Making Friends

Last but far from least, you will also make new friends. When you join the Great Communicators Toastmasters you will be joining not just a club but a family. In addition to regular meetings, the Club sponsors occasional social functions, which you may attend. Many individuals have made lasting friendships with fellow members thanks to the warmth and support members offer each other as they learn and grow together.

FREQUENTLY ASKED QUESTIONS

1. What is Toastmasters?

Toastmasters International is a non-profit educational organization. Through its individual Clubs, Toastmasters helps promote self-improvement and enhance leadership potential while members learn the arts of speaking, thinking and listening. Seaway Toastmasters is proud to that it has been a part of the Cornwall community for 50 years!

2. Who can join the Seaway Toastmasters Club of Cornwall?

Seaway Toastmasters is open to anyone over the age of 18.

3. When does the Club meet?

Seaway Toastmasters meet at 7h00 p.m. every 2nd and 4th Tuesday at the Cornwall Armoury 505 4th St E Cornwall ON K6H 6H8

4. How long do I have to attend?

Toastmasters is not a course – you decide when you have achieved your objectives. Many people are attracted to *Toastmasters* because it provides an ongoing opportunity to develop and practice communication and leadership skills. It is not mandatory that you attend every meeting, but the more that you attend, the more that you will learn.

5. What does it cost to join?

The annual fee for *Seaway Toastmasters* is \$190 for new members and \$140 for returning members. Where else can you get a full year of training for such a low cost? If you join after September, the fees will be prorated accordingly.

6. Do I have to participate?

As a guest, participation is strictly voluntary. You might want to only introduce yourself and even that can be done by someone else if you're not comfortable yet.

7. How do I join?

You are welcome to come as a guest anytime. If you decide that you want to join, all you need to do is fill out an application and pay your membership dues. It's that easy!

8. *What do the fees cover?*

- Membership with Toastmasters International
- Opportunities to practice speaking, thinking and listening skills and receive feedback at twice monthly meetings
- A Communication and Leadership Manual that contain step-by-step instructions for writing, preparing and delivering speeches
- Education booklets from Toastmaster International
- Rewards and recognition for your achievements
- A monthly educational magazine from Toastmasters International
- Educational materials (e.g. videos), equipment and supplies for the Club

9. *Can the Club help me with an upcoming presentation?*

Yes. A special focus group can be set up at your convenience, to help you improve your presentation. Areas to be evaluated include your voice, body language, and presentation structure.

10. *I don't do any public speaking. Why should I join Toastmasters?*

The Toastmasters organization is about much more than just public speaking. It provides great training for everyday communication from talking to people on the phone, to participating in group meetings, to social gatherings. Communication is a basic skill that we all need to improve to be more effective and to get our ideas heard.

11. *Who can I contact for more information?*

You will find all club members to be helpful sources of information or you can contact any of the Club Officers listed above. More information is also available on the Toastmasters International website at www.toastmasters.org or contact Seaway Toastmasters.

Email: info@seawaytoastmasters.com

Web: www.seawaytoastmasters.com